

# **NEWSLETTER**



Working together for families who are separating or have separated

**MAY 2025** 

**ISSUE #9** 

We are reaching the point in the year when the FLPN steering committee members come together and develop a plan for the 2025/2026 financial year. It is an exciting time for our members, who are all passionate about the sector and finding ways to bring training and resources to the community.

To have your say on what is included in our next work plan, you can complete a survey <u>HERE</u>.



### **Vicarious Trauma**

It was wonderful to see so many people take time out of their busy day to learn about vicarious trauma and self care with us in Hervey Bay in April. Trent Savill from Complex Care gave an outstanding presentation that was very well received! Thank you to everyone who came along to this event.



**Self care for professionals** 

Set realistic expectations. Recognise that you can't always prevent or solve every problem and focus on what you can control.

#### Webinar 21 May

Centering children when supporting Aboriginal & Torres Strait Islander families.

Presented by AIFS and Emerging Minds

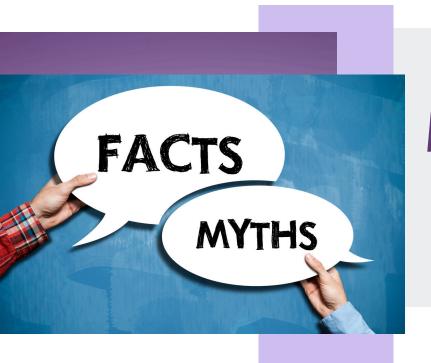


#### Webinar 16 May

Dr Salessi will discuss the common personality issues identified in Family Law.

Presented by Psychology Camberwell





# Myth Busting Family Law

#### Have you heard one of these statements before?

"You can't separate under the same roof"

"If one parent has Legal Aid, the other parent can't get it."

Next month, Bundaberg FLPN is excited to share a new video created in collaboration with Legal Aid Queensland and the Wide Bay Burnett Community Legal Service. The video explores 19 common myths in Family Law. Keep an eye on your inbox for the link when it goes live!



## **CLARISSA RAYWARD**



### RECENT WORKSHOP

Earlier this month, a small group of legal professionals had the opportunity to spend the day with Clarissa Rayward. She is an accredited Family Law Specialist and Director of the Brisbane Family Law Centre.

## MEMORABLE QUOTE

"Be kind. Remind yourself that this is one of the most important moments in the lives of the people we deal with, and act accordingly"

## Information Series

Overview of June 2025 Family Law Act changes



The Attorney-General's Department are currently facilitating a series of webinars on the Family Law Amendment Act 2024, in the lead up to the commencement of important changes to the property framework and other key provisions on 10 June 2025.



#### REPLAY AVAILABLE

An overview of the Family Law Amendment Act 2024, with a focus on what family law professionals now need to know in supporting separating parties with their property arrangements.



#### **REPLAY AVAILABLE**

This panel session explored the practical implications of the Family Law Amendment Act 2024, for those providing family dispute resolution and other services to families outside of the court setting.



#### **REGISTER NOW**

This panel discussion will provide judicial and legal practitioner perspectives on the legal practice implications of the changes, with a focus on what practitioners need to know about supporting clients affected by family violence and other key changes.





## SERVICE SPOTLIGHT



A FREE six-session mental health program developed by Beyond Blue and delivered by Wellways in partnership with Better Connect.

NewAccess is a low-intensity early intervention program that uses proven CBT techniques and makes it easier than ever to access mental health support - without the stigma.

NewAccess supports people with stress, anxiety, and low mood through practical tools and evidence-based strategies, helping them get back on their feet without the need to see a GP or endure lengthy waits for appointments.

Anyone over the age of 12+ not already receiving mental health support can receive this service. Coaches specially trained, guide participants with a tailored plan to navigate challenges related to work, study, relationships, or general wellbeing.



To refer or apply, complete a quick online enquiry form <u>HERE</u>.

Within around 2 business days you'll get a phone call from Wellways.



Phone: 1300 921 535

Website: beyondblue.org.au

Monday - Friday 9am - 5pm

# Resource of the month

## NAVIGATING TOUGH CASES, TOUGH CALLS: WEBINAR

This free webinar is presented by Our Family Wizrd. It provides valuable tips for Family Law Professionals from an Experienced Mental Health Consultant. Click the image below to watch now.



# **THANK YOU**

Thank you for being a part of the Bundaberg Family Law Pathways network. If you would like to learn more about the FLPN, watch the short video on the National website.



## CONTACT

To contact the Bundaberg FLPN Project Officer Jess Bevan, email pathways.widebay@uccommunity.org.au

If you have been forwarded this newsletter and would like to become a member of the FLPN, please send us an email and we will add you to our network.